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CENTRE

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**QUICK FACTS ABOUT PrEP & PEP
FOR MEN WHO HAVE SEX WITH MEN**

PrEP – for possible ongoing exposure to HIV

1. PrEP is ongoing medicine that someone who is NOT infected with HIV takes every day to avoid becoming infected.
2. If taken daily, PrEP is extremely effective in preventing HIV infection.
3. Unlike condoms, PrEP does NOT protect you from other STIs such as syphilis, chlamydia, gonorrhoea or HPV.
4. PrEP can be taken by all men who have sex with men (MSM), but is especially useful if you may be exposed to HIV regularly (i.e. many partners, barebacking and/or an HIV positive partner).

PEP – for once-off or occasional / emergency possible exposure to HIV

1. PEP is medicine that someone who is NOT infected with HIV takes for a short period (around a month) after they may have been exposed to HIV.
2. PEP is ideal for once-off or occasional possible exposure to HIV, such as an unprotected sex incident, broken condom, sharing injecting drugs, occupational exposure or rape.
3. Act fast. You must start taking PEP within 72 hours (3 days) of possible exposure to HIV for it to be effective, but ideally within 24 hours (2 days).

HOW DO I GET IT? Contact the TEN81 LGBT and MSM clinic in Pretoria on 012 430 2081

